

VOLUME : Sept 2020

CLUB NUMBER :91189

DISTRICT: 3060

RI President
Holger Knaack

District Governor
Prashant Jani

President
Manisha Bhatt

Hon.Secretary
Pankaj Upadhayay

Bulletin Editor
Dr. Divya Rathod

RC Vadodara ONE Meets on Thursdays, 8 pm at Hotel Sayaji, off Jetalpur bridge, Vadodara, Gujarat, India

www.rcvadodaraone.org Facebook:www.facebook.com/ROTARYCLUBVADODARAONE/



Rtn. Holger Knaack
President 2020-21

During a recent Zoom meeting with Rotarians and Rotaractors, I looked at the smiling faces on my screen and realized how much our organization has changed in a short period. It is clear that there is no going back to the "old normal" in Rotary — and I see that as an exciting opportunity!

Innovation and change are happening at so many levels as we rethink and remake Rotary. Rotary's new flexibility is blending with digital culture to drive change in ways that many of us have never seen before.

I see Rotary as a phenomenal platform to change the world. I believe I can have the greatest influence by empowering others to create the change they wish to see in the world.

We need to be able to integrate and align Rotary with the other personal and professional goals we're pursuing. In chartering this club, we set out to design a personalized model of Rotary that is focused on added value for our members. We have also sought to leverage connections — through Rotary Fellowships, Rotary Action Groups, and other international partnerships — in order to elevate our members' experiences beyond the club.

Change is constant, and we have more work to do in many areas. It is important that we celebrate the contributions of people of all backgrounds and promote people from underrepresented groups so that they have greater opportunities to participate as members and leaders in Rotary.

The tools to make Rotary more inclusive, more relevant, and more fun for everyone are at our fingertips. Let's use them now, and we will see how Rotary Opens Opportunities for ourselves and for those yet to discover us.

RILM's mission A literate India by 2025

The Rotary India Literacy Mission (RILM) aims for total literacy in India by 2025 through its flagship programme TEACH," said RILM president PRIP Kalyan Banerjee.

"Since its formation in 2014, RILM has made considerable progress in teachers training and adult literacy. The Asha Kiran programme has helped enroll 40,000 children back to formal schooling; 20,000 schools have been converted into Happy Schools and 4,000 libraries have been created in government schools across India.

In an initiative to make youngsters employable, RILM, in partnership with the Apollo Hospitals group has launched a new 'medi-skilling' programme to create a paramedical workforce. "This can provide employment to people in hospitals, pharmacies, diagnostic centres," said Sanghvi. The three-month course, which would otherwise cost ₹50,000, is offered at ₹4,500 a person for those referred by Rotary, and involves 30-day online classes and 60 days of hands-on training in medical institutions. He urged Rotarians to sponsor this course for unemployed youth in their region. Apollo has 28 skilling centres and a centre can be arranged in a specific town for a large group. "I would like to see at least 50,000 candidates trained in a year.

A feast of world class music exclusive for RCV ONE!!!



Star Entertainment Series

Rotary Vadodara ONE

EXCLUSIVE EVENT

ALLURING ASHA BHOSALE

AN ERA IN AN EVENING

Saturday, 19th September, 2020
7:30 pm onwards

Magical melodies by
Ashita Limaye,
Accompanied by
Gaurang Alekar on Keyboard
and
Daxesh Patel on Tabla & Octopad

Music has a way of connecting people from different communities and age groups.

It was an enchanting musical evening, with soul stirring music making at its very best. The entire evening left us spell bound."

Members & family of RCV ONE thoroughly enjoyed the melodious voice of Ashita Limaye accompanied live by Gaurang Alekar on keyboard and Daxesh Patel on Tabla and Octopod.

As the songs of Asha Bhosle were presented, the ardent fans loved every bit of it, remembering the soulful songs. Everyone present will agree that it was one of a kind show- "Nested in the safety of our homes yet the feel of being in a concert hall!!"

Hearing Sachin Limaye and Kavya Limaye added a golden feather to the program. This evening will be treasured along with the best musical memories!!!



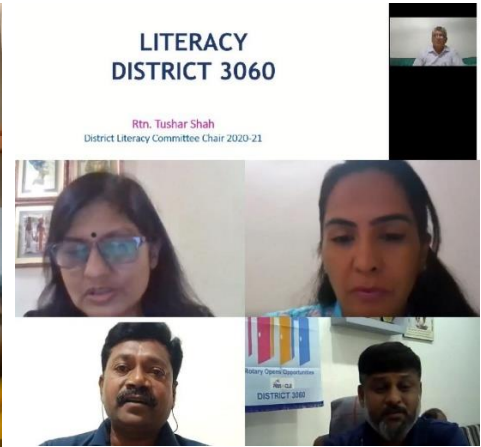
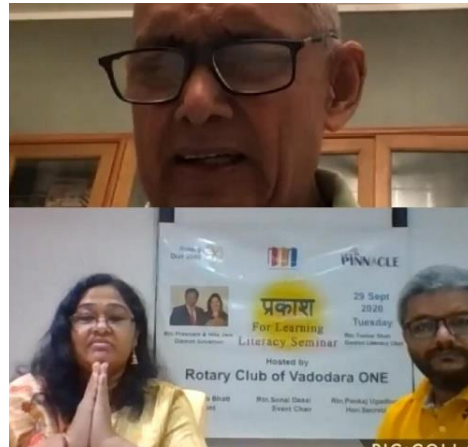
VISION STATEMENT OF ROTARY INTERNATIONAL

Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

"PRAKASH" for learning, DISTRICT LITERACY SEMINAR



In his Address, DG Prashant bhai laid down the way forward for Mission Literacy. District Literacy Chair shared the literacy goals for district 3060. DGE Santosh Pradhanji and DGN Srikant Indaniji's address emphasized on the importance of literacy in life, and how more efforts are required to help India increase its literacy rate. PDG Pinky Patel's message on literacy was an eye-opener. The district recognized the successful district teacher's training sessions where 5291 teachers were trained, under the able leadership of Rtn. Kamaljit Bunet. The District also recognized the literacy projects of RC Nanadnagari Nadubar and RC Anand Milk City.



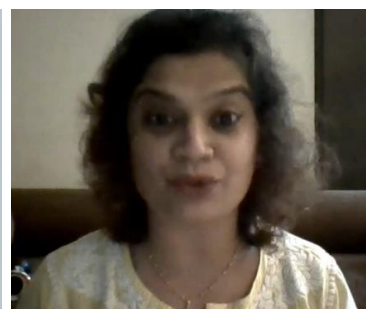
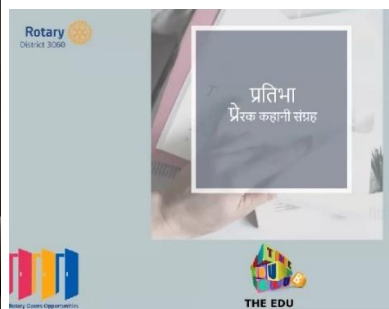
RCV ONE was blessed by the gracious presence of PRIP Kalayanda, the Chief Guest for the seminar, which made the event even grander. His words of wisdom were motivating, simulating and encouraging. Two projects were launched by the worthy hands of PRIP Kalyanda:

- 1) **"PRAKASH"**: the district notebook distribution project, and
- 2) **"PRATIBHA"**- Prerak Kahaniya. A collection, of uniquely presented e- story telling, for the underprivileged students. This interesting project is developed by PE Kalpa Rachh of RC Vadodara ONE.

The keynote speaker Ms. Radhika Badgai left the audience spellbound by her amazing story-telling style. The address was indeed thought provoking and it was interesting to learn how story telling can be used to bring out change. RCV ONE thanks Radhikaji for giving us time to witness her talent.

The event chair Rtn Sonal Desai thanked everyone for their presence, especially the District Governor Prashantbhai, for providing RCV ONE the opportunity to host a district event.

The seminar was a great success. It witnessed an overwhelming participation of 180 members and 450+ facebook viewers.



Pulse Oxy-meters



Team RCV ONE donated **pulse Oxy-meters** to ESI hospital on 11th September.

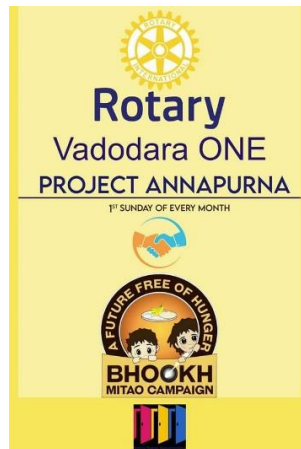
The ESI hospital houses 50 beds for COVID patients. The ward has been allotted since March 2020, God has been kind, and has no COVID casualty so far! Congratulations to all the hospital team!

Team RCV ONE is always ready to participate for the Nobel cause!! It is indeed the need of the hour to stand by these **COVID warriors**!

A Pulse Oximeter is a small electronic device that shows your heart rate and oxygen saturation level - the percentage of your red blood cells carrying oxygen. It helps determine how effectively oxygen is being transferred to different parts of the body and how often the heart is beating. Pulse oximetry was first developed by Japanese scientists in the 1970's. Nowadays it forms a part of the minimum standards of monitoring during anesthesia and Intensive care.

An SpO2 reading of 95% or greater is generally considered to be a normal oxygen level. However, an SpO2 reading of 92% or less suggests that your blood is poorly saturated. If the number drops to 92% or lower, that's a cause for concern. In modern medical science, early recognition and earlier treatment lead to better results, And that's true of Covid-19, as well. In such cases, a pulse oximeter might signal that you're in trouble before you realize it.

RCV ONE'S project "ANNAPURNA"



Rotary Vadodara ONE humbly joined hands with "Bhookh Mitao Campaign", to reach out and provide food and education to the unfortunate children. On every 1st Sunday RCV ONE sponsors food for more than 150 children in slum pockets of Baroda! The site was Canal Road, TP 13, Behind Keya Motors, opposite samsara Flats.

RC Vadodara ONE will start distribute books to them by next month to promote education. Thank you Rtn.Kalpa Rachh and Rtn.Bhavin Sheth's friend Mr.Pranavbhai for sponsoring today's project!

ROTARY INTERNATIONAL MISSION

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

On 6th September – Happiness Coach Mr.Murali Sundaram



Joint meeting of Rotary clubs of RCV ONE, RCB Sayajinagari, RC Baroda, RCB Jawaharnagar, RCB Greens & RC Bombay Bayview.

Some of the highlights from the talk: We must learn to stop carrying our emotional burden ["**Donkey**"] before it erupts as an emotional volcano!! So, we need to learn to kick the "**Donkey**" from our life to attain our calm and peace within! The other to be controlled is the ["**MONKEY**"] the human mind! It keeps wondering, so we need to control the "Past", "Future" and the "Fantasy". We should stop procrastination and start living in the present! Only if we are able to increase the cellular intelligence of the body, the MONKEY MIND will listen to the body!

4 key parameters of Happiness:

- 1) 5 breaths/ min. More deep and slow breathing leads us to a more balanced and focused life.
- 2) Eat only twice! Fill our stomach only 70% to 80%
- 3) Lower expectations from others and form SELF!!!! This pays way to a lot of happiness!
- 4) Help others. Self-less service!!

It was a very interesting and thought-provoking talk!



In house speaker- Rtn. Saurin Mehta on 10th September 2020



It was very informative talk. Rtn.Saurinbhai explained that GIS integrates hardware, software, and data for capturing, managing, analyzing and display of all forms of geographically referenced information. It helps in keeping track of vast amount of as it can map assets, technical information cadastral information, densities and network demographics.

Rtn.Saurinbhai explained how these equipment's help in mapping a point to linier to a polygon in order to study or demarcate land as per need. He explained that the applications of GIS are boundless, but are mostly used for topographical ground survey for roads, gas lines, oil pipelines and contour mappings. Rtn.Saurinbhai shared that in order to use the system, India is divided into 5 zones. He explained how minute details can be obtained, and faults can be identified for precision repairs! Indeed, it is an effective Decision support system.

RCV ONE thanks Rtn. Saurinbhai to let us all in, in his world of Geographical Information System!

15th September Review Meeting with DG and AG



On the 15th September a virtual joint club Review meeting with DG, AG, District Membership Chair.

It was a review meet and was attended by Rtn. Manisha, Rtn. Pakajbhai, TRF Chair Rtn. Mitesh Bhatt, executive secretary Rtn. Miteshbhai Punjani, Rtn. Himanshubhai as a Club Membership Chair.

PRANJALI – Respect of Women - Women’s Meet 12th September



On 12th September, Organized district seminar PRANJALI- Women’s meet by Rotary Club of Surat SeaFace.

Very informative and motivational speech delivered by Rtn. Ranu Ajmera, PDG Pinkyben Patel and Guest Speaker PDG LATA Subraidu from Dist.3141

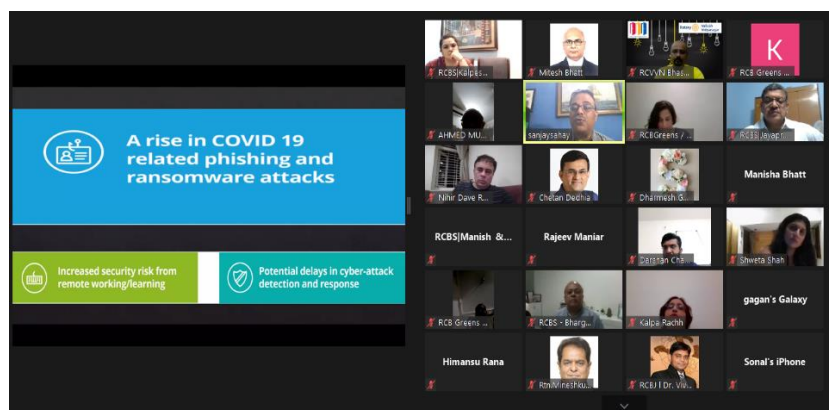
Joint Meeting on Subject CYBER CRIME on 23rd Sept 2020

10 rotary clubs held a joint meeting for a talk on **Cyber Crime** on the 23rd September. The speaker Mr. Sanjay Saha [Ex. IPS(ADGP)] a Cyber Crime expert.

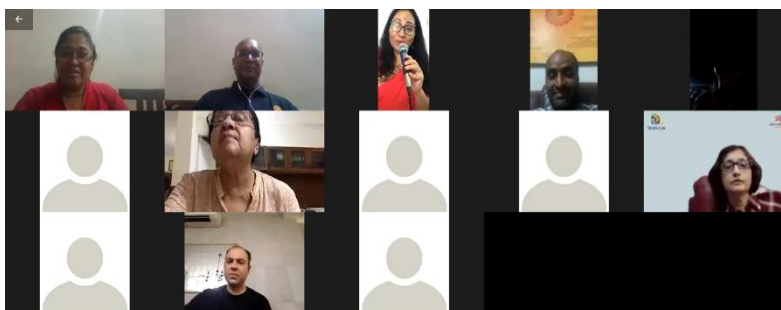
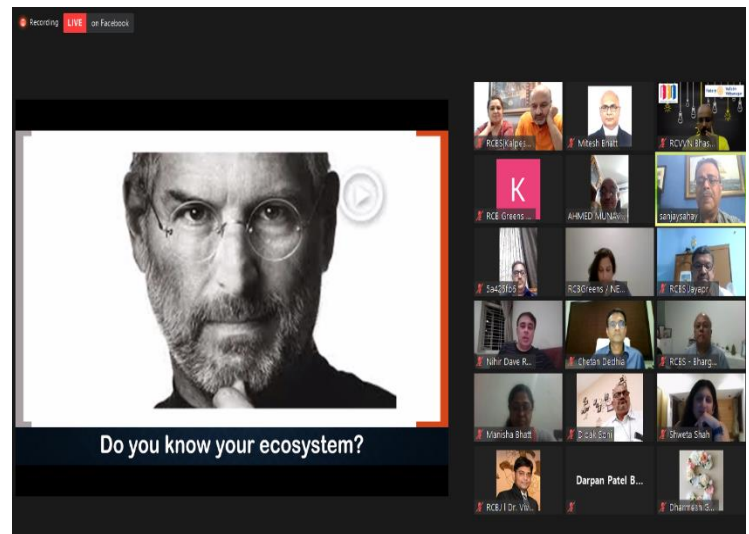
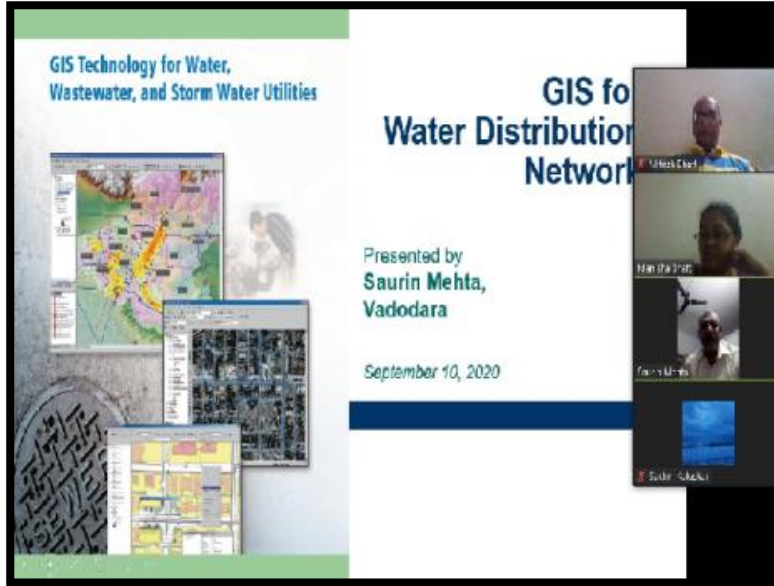
He talked on the sophistication of cyber threats, attackers and their motives are rapidly escalating! It is not only a house hold threat but national and international security at stake. The global cybercrime is worth \$1.5 trillion a year! This includes, illicit online markets, property thefts, data trading, crime ware-as-a-service, ransomware, cloud computing which possess at 74.6% of the threat.

He added that digitalization is here to stay. “What we all need is a disruptive technology with robust cyber security!!” We need to understand that **Social Media is a commercial product**, mathematically crafted & operated to monetize every single interaction and gain unassailable power & influence for the business enterprise through unwarranted defector ownership of data!!

Don’ts of social networking: post your phone numbers, address, avoid status update with time references, set all privacy settings to friends only! Don’t accept friend request of strangers!



RC Vadodara ONE's ALL MEETINGS ARE VIRTUAL MEETINGS



Rotarian Tunji Funsho named one of TIME's 100 Most Influential People in the world



Dr. Tunji Funsho, chair of Rotary's Nigeria National PolioPlus Committee, joins 100 pioneers, artists, leaders, icons, and titans as **one of TIME's 100 Most Influential People**. TIME announced its 2020 honorees during a 22 September television broadcast on ABC, **recognizing Funsho** for his instrumental leadership and work with Rotary members and partners to achieve the **eradication of wild polio** in the African region.

On 25 August, the African region was certified wild polio-free. This historic announcement means that five of the WHO's six regions, representing more than 90 percent of the world's population, are now free of the wild poliovirus. The **virus is still endemic** in Afghanistan and Pakistan.

Know your Member

Rotary
Vadodara ONE

RTN.VISHAL

Manufacturing of Authentic Mexican food products like Tostadas, Corn flour tortilla and Tortilla Chips from Fresh made Masa flour.

Passionate about horticulture and creative recipes development, Like to attend live sports events.

Rotary **Rotary Opens Opportunities**

Happy Marriage Anniversary

Rotary
Vadodara ONE

17th October

RTN. Vishal
&
Maheshwariji Patel

Rotary **Rotary Opens Opportunities**

Rotary Vadodara ONE EVENT OF OCTOBER 2020	
2nd Oct	BOD on zoom at 8.30PM
8th October	Virtual General Meeting at 7.30PM
10th Oct	Musical Program By All clubs of Vadodara , Hindi – Gujarati Gazal Anchor : Ankit Trivedi , Lead Singer : Dhruvit Shah
15th Oct	Official Club Visit By District Governor from 4.00PM
18th Oct	Project Annapurna Navaratri celebration , Venue : Virtual/Physical will decide later
29th Oct	In house Speaker Meet

I'M A SUPER STAR!

Rotary
Vadodara ONE

We, appreciates
the commendable service of

Rtn.Sachin Kaluskar

For the month of **Sept 2020**

Manisha Bhatt
President

Pankaj Upadhyay
Hon. Sec

Know your Member

Rotary
Vadodara ONE

Rtn.Hemant

Digital Marketing experts ,
working with the field of
advertising , do micro-
blogging in the marketing
area.

Like to travelling and fitness
enthusiast.

Like to spend leisure time with
guitar and learn new skills
from the online platform.

Rotary **Rotary Opens Opportunities**

Know Your Member

Rotary
Vadodara ONE

RTN.MITESH PUNJANI

An Architect by profession , founder and CEO
of D2E Consortium.

Loves travelling to historical places. Likes to
take scenic photography.

During leisure time , he enjoys cooking and
reading.

Rotary **Rotary Opens Opportunities**